



## *CHANGE*

*Changes can and must occur. If they are not accepted, we shall never enjoy the peace of soul that is essential.... Spiritual Writings. Pg 813 A. 66.*

*You are well aware that changes are always difficult, and that it takes time to learn new ways of serving the poor skilfully and well.*

*Spiritual Writings. Pg. 385 L. 337*

There is a time for every purpose under heaven—so the song goes. The only constant in life is change. Life is like being on a journey—we are able to see some things but we don't know what lies around the corner.

Therefore, we need to open ourselves to that journey and the possibilities it offers. Letting go and openness to what is new enables us to move forward through the transitions with creativity, faithfulness, imagination and hope. Reflect on the changes happening in your life now.

- How attached am I to my own agenda and my own plans?
- What new ways do I find hardest to accept?
- How do I handle change in my ministry, place of work and family?

God, give me the grace to change myself and to accept the changes happening in my life. Amen.