

# Reflection on Mark 16:1-8

## Mk 16:1-8

When the Sabbath was over, Mary of Magdala, Mary the mother of James, and Salome, bought spices with which to go and anoint him. And very early in the morning on the first day of the week they went to the tomb when the sun had risen. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' But when they looked they saw that the stone -- which was very big -- had already been rolled back. On entering the tomb they saw a young man in a white robe seated on the right-hand side, and they were struck with amazement. But he said to them, 'There is no need to be so amazed. You are looking for Jesus of Nazareth, who was crucified: he has risen, he is not here. See, here is the place where they laid him. But you must go and tell his disciples and Peter, "He is going ahead of you to Galilee; that is where you will see him, just as he told you." ' And the women came out and ran away from the tomb because they were frightened out of their wits; and they said nothing to anyone, for they were afraid.

## Reflection

Easter is a time to celebrate new life. We are not just celebrating the fact that Jesus rose from the dead 2000 years ago but the fact that resurrection happens in people's lives every day. In many small, wonderful ways new life is always happening. People are taking on something new, finding healing, and starting again. We find the power of the resurrection in lots of little ordinary moments too, moments in which there is a sense of growth, of newness, of movement or of joy. We find it in leaving behind what is no longer leading to life. Let us appreciate and give thanks for all the gifts of new life that are around us as we celebrate this season of Easter.

