



# A Child is Born to Us

St Vincent reminds us;

“Our Lord Jesus Christ is the true model, and that great invisible portrait on whom we must fashion all our actions. The most perfect people living here below on earth are the visible, tangible pictures who serve as models for us to regulate all our actions well and make them pleasing to God”.

One of the central themes of Saint Vincent de Paul’s spirituality is the Incarnation. The whole period from Advent, through Christmas, and into the Christmas Season, celebrates the Mystery of the Incarnation which remains at the heart of the Vincentian message.

The Incarnation is about God, as Jesus, becoming a person just like us. In fact, because of His birth Jesus is Incarnated every single day, over and over again, from the very beginning of everyone’s life.

It is amazing to think that our creator becomes one of the created. Jesus identifies with every single person individually and has done so from the beginning of humanity and will continue to do so until the end of time. Therefore, the Incarnation belongs to every period of human history and to every aspect of human development: faith, culture, science, education but especially in service to others.

Through the Incarnation, Jesus was conceived, born, lived among us, suffered, died, was raised from the dead and continues to live with and in us here and now. Jesus longs to be discovered and rediscovered by everyone. He is constantly seeking to renew and deepen His closeness and friendship with us.

As we prepare for Christmas let us reflect on the Incarnation and Jesus’ entering into our human reality. He has given us the model of how to live a fully human life.

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth. (John 14)